

balti

Indian Cuisine

lunch specials

Eating in India varies according to religious groups. Hindus tend to favour vegetable dishes and Dhal served with rice. Muslims and Sikhs eat meat and seafood dishes, breads and dairy products like panner and yoghurt.

Meals are often served on Thalīs, which are large flat plates made from banana leaves or metal. Though more prevalent in southern areas, they are a common element of Indian cuisine, used by all levels of society.

The leaf or plate is covered with either small mounds of food or metal bowls called katoris, which hold the food



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Street Food

Aloo Tikki Chaat

spiced potato cakes topped with yogurt,
tamarind and mint chutney

12

Samosa Chaat

Crisp fried Samosa's crumbled into pieces
topped with spiced chickpeas, tamarind, and
mint chutney

12

Paneer Kathi Roll

This is another one of the popular street
foods in India - Tandoori paneer, salad and
minted yogurt rolled up in a soft naan

16

Chicken Kathi Roll

Spicy tandoori chicken pieces, salad,
capsicum, mint and tamarind sauce,
rolled up in a soft naan

16

Lamb Kathi Roll

Lamb mince skewers, salad, capsicum, mint
and tamarind sauce rolled up in a soft naan

16

Thali and Meals

Paneer Chana Pulao

Spicy rice dish with chickpeas and paneer
served with cucumber raita

18

Veg Meal

Vegetable of the day, Daal, rice, naan &
pappadams

21

Chicken Meal

Butter Chicken, Tandoori Chicken Tikka,
rice, naan & pappadams

24

Meat Meal

Butter Chicken, Rogan Josh, rice, naan &
pappadams

26

Veg Thali

Onion Bhaji, Paneer, vegetable, Daal, rice,
naan, pappadams, raita, & dessert

24

Balti Thali

Chicken, Lamb, Vegetable, Daal, rice, naan,
raita, pappadams & dessert

26

These are set Lunch Meals No substitutions please.

Available Mon-Fri, Excluding Public Holidays

For Reservations or to Pre-Order Please

Telephone: 9221 3306, OR Email: info@balti.com.au