

# balti

indian cuisine

## lunch specials

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Eating in India varies according to religious groups. Hindus tend to favour vegetable dishes and Dhal served with rice. Muslims and Sikhs eat meat and seafood dishes, breads and dairy products like panner and yoghurt.

Meals are often served on Thalīs, which are large flat plates made from banana leaves or metal. Though more prevalent in southern areas, they are a common element of Indian cuisine, used by all levels of society.

The leaf or plate is covered with either small mounds of food or metal bowls called katoris, which hold the food.

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# balti luncheon specials

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## vegetarian thali

\$21

Dhal, two daily veg specials, soup, rice,  
bread, papadam, raita & dessert.

## meat thali

\$26

Dhal, veg special, chicken special, lamb special,  
rice, bread, papadam, raita & dessert.

## seafood thali

\$30

Dhal, veg special, prawn special, fish special, rice,  
bread, papadam, raita & dessert.

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# business lunch selections

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## vegetarian meal

\$22

Dhal, Vegetarian special, Rice & Roti.

## meat meal

\$26

Butter chicken, roghan josh, rice & naan.

## mixed meal

\$24

Dhal saag, butter chicken, rice & garlic naan.

FOR RESERVATIONS OR TO PRE ORDER PLEASE  
TELEPHONE 9221 3306 OR FAX 9225 4315